

What To Expect on Testing Day

- Testing consists of a variety of activities for adults:
 - Answering questions
 - Completing hands-on tasks
 - Writing
 - Drawing
 - Completing puzzles
- Testing usually lasts for 1-4 hours
- Please bring a \$500 deposit for the eval to the testing session. Credit card, check, or cash are acceptable.
- Please bring all paperwork completed (self, informant, and teacher forms – if applicable). Either electronically through our patient portal, or hand written.
- Getting a good night's sleep the night before testing day is important!
 - Avoid staying up very late, having caffeine night before, or deviating from your normal routine
- Eat a good breakfast
- Typical medications should be taken as usual on the testing day unless your clinician says otherwise. ADHD medication should NOT be taken on testing day, however.
- Bringing snacks and water to the session may be helpful during breaks

Helpful Notes for Children or Adolescents Being Tested

- Testing consists of a variety of activities for children and adolescents:
 - Answering questions out loud and on the computer
 - Building designs & completing puzzles
 - Reading, writing, spelling, and math
 - Drawing
 - Memory “games”
- Please try to keep your child from staying up very late, watching scary movies, having caffeine night before, or deviating from the normal routine
- Try to have your child eat a good breakfast
- Medications should be taken as usual on the testing day unless otherwise discussed with your clinician (typically we ask that you DO NOT give your child their ADHD medication but please discuss with your clinician)
- Your child can bring a water bottle and/or snack to sustain energy throughout
- Please DO NOT tell your child what time testing will finish. Sometimes kids get focused on a certain time and cannot attend appropriately to testing in the afternoon.
- Please DO NOT bring any iPads, tablets, etc. for your child to play with.

We look forward to working with you!